



**Meal Prices--Students--\$2.65  
Adults--\$3.70**

This institution is an equal opportunity provider.  
Menus subject to change without notice.



**Nutrition Tip:** Practice stealth health - sneak veggies into favorite foods. Go light on the meat and top your pizza with vegetables like tomatoes, onions, bell peppers, mushrooms, zucchini, and artichoke hearts.



## Monday

Hot Beef  
Whipped Potatoes  
Green Beans  
Bananas  
Bread/Butter  
Milk

1

## Tuesday

Smoked Turkey/Cheese/Bun  
Potato Wedges  
Broccoli/Carrots  
Mixed Fruit  
Milk

2

## Wednesday

Tacos—Bag/Hard  
Lettuce/Tomato/Cheese  
Corn  
Refried Beans  
Churros  
Milk

8

## Thursday

Tuna/Noodles  
Peas/Mixed Veg.  
Peaches  
Dinner Roll  
Milk

4

## Friday

Chicken Patty/Bun  
Baked Beans  
Emoji Fries  
Pears  
Milk

5

Popcorn Chicken  
Whipped Potatoes/Gravy  
Green Beans  
Bananas  
Bread/Butter  
Milk

17

Stromboli  
Broccoli/Carrots  
Sidekicks  
Milk

9

Corndog  
Oven Potatoes  
Vegetable Bar  
Peaches  
Milk

10

Nacho Supreme w/Meat/Cheese  
Lettuce Salad  
Carrots/Celery  
Ranchero Beans  
Milk

11

Hamburger/Bun  
French Fries  
Baked Beans  
Applesauce  
Milk

12

Grilled Chicken  
Pasta with Alfredo Sauce  
Broccoli/Carrots  
Breadstick  
Bananas  
Milk

15

Potato Nugget Hotdish  
Corn  
Peaches  
Bread/Butter  
Milk

16

Chicken Fajita on  
Softshell or Flatbread  
Lettuce/Tomato/Cheese  
Green Beans  
Pears  
Milk

18

Chicken, Chili, Veg Soup  
Carrots/Celery  
Crackers  
Warm Apple Slices  
Bread/Butter  
Milk

22

Pizza  
Lettuce/Carrots/Celery  
Pineapple  
Milk

19

**NO  
SCHOOL**

3

Country Fried Steak  
Whipped Potatoes/Gravy  
Peas  
Bananas  
Bread/Butter  
Milk

23

Scalloped Potatoes with  
Ham or Hotdog  
Green Beans  
Peaches  
Bread/Butter  
Milk

24

Cheese Bread/Italian Dunker  
Broccoli/Carrots  
Applesauce  
Milk

25

Hotdog/Bun  
French Fries  
Baked Beans  
Pears  
Milk

26

Tavern/Bun  
Sweet Potato Fries  
Coleslaw  
Bananas  
Milk

29

French Toast  
Smokies  
Hashbrown Potatoes  
Carrot Sticks  
Oranges  
Milk

30

Halloween Nuggets  
Ghoulis Potatoes/Gravy  
Green Beans  
Applesauce  
Milk

31

