



**Meal Prices-Students--\$2.65
Adults--\$3.70**

This institution is an equal opportunity provider.
Menus subject to change without notice.



Nutrition Tip: Practice stealth health - sneak veggies into favorite foods. Go light on the meat and top your pizza with vegetables like tomatoes, onions, bell peppers, mushrooms, zucchini, and artichoke hearts.



Monday

Hot Beef **1**
Whipped Potatoes
Green Beans
Bananas
Bread/Butter
Milk

Popcorn Chicken **8**
Whipped Potatoes/Gravy
Green Beans
Bananas
Bread/Butter
Milk

Grilled Chicken **15**
Pasta with Alfredo Sauce
Broccoli/Carrots
Breadstick
Bananas
Milk

22
NO SCHOOL

Tavern/Bun **29**
Sweet Potato Fries
Coleslaw
Bananas
Milk

Tuesday

Tuna/Noodles **2**
Peas/Mixed Veg.
Peaches
Dinner Roll
Milk

Stromboli **9**
Broccoli/Carrots
Sidekicks
Milk

Potato Nugget Hotdish **16**
Corn
Peaches
Bread/Butter
Milk

Country Fried Steak **23**
Whipped Potatoes/Gravy
Peas
Bananas
Bread/Butter
Milk

French Toast **30**
Smokies
Hashbrown Potatoes
Carrot Sticks
Oranges
Milk

Wednesday

Smoked Turkey/Cheese/Bun **3**
Potato Wedges
Broccoli/Carrots
Mixed Fruit
Milk

Corndog **10**
Oven Potatoes
Vegetable Bar
Peaches
Milk

Chicken Fajita on **17**
Softshell or Flatbread
Lettuce/Tomato/Cheese
Green Beans
Pears
Milk

Scalloped Potatoes with **24**
Ham or Hotdog
Green Beans
Peaches
Bread/Butter
Milk

Halloween Nuggets **31**
Ghoulish Potatoes/Gravy
Green Beans
Applesauce
Milk

Thursday

Tacos—Bag/Hard **4**
Lettuce/Tomato/Cheese
Corn
Refried Beans
Churros
Milk

Nacho Supreme w/Meat/Cheese **11**
Lettuce Salad
Carrots/Celery
Ranchero Beans
Milk

Chicken, Chili, Veg Soup **18**
Carrots/Celery
Crackers
Warm Apple Slices
Bread/Butter
Milk

Cheese Bread/Italian Dunker **25**
Broccoli/Carrots
Applesauce
Milk

Friday

Chicken Patty/Bun **5**
Baked Beans
Emoji Fries
Pears
Milk

Hamburger/Bun **12**
French Fries
Baked Beans
Applesauce
Milk

Pizza **19**
Lettuce/Carrots/Celery
Pineapple
Milk

Hotdog/Bun **26**
French Fries
Baked Beans
Pears
Milk

