



**Meal Prices - Students--\$2.65
Adults--\$3.70**



This institution is an equal opportunity provider



Nutrition Tip: Practice stealth health - sneak veggies into favorite foods. Go light on the meat and top your pizza with vegetables like tomatoes, onions, bell peppers, mushrooms, zucchini, and artichoke hearts.



Monday

Choice of Salad Bar available at Middle & High School daily.

Menus subject to change without notice.

Tuesday



Wednesday

Thursday

Friday

Popcorn Nuggets **5**
Whipped Potatoes
Green Beans
Bananas/Milk

Tuna/Noodles **6**
Peas/Mixed Veg.
Dinner Roll
Peaches/Milk

Corn Dog **7**
Smiles
Baked Beans/Carrot Sticks
Pears/Milk

Baked Potato **8**
W/Chili and Cheese
California Mix/Green Beans
Applesauce/Milk

Italian Dunkers **9**
Lettuce/Carrots/Celery
Pineapple
Milk

Orange Chicken **12**
Broccoli/Carrots
Asian Rice/ Bananas
Milk

Hamburger/Bun **13**
French Fries
Baked Beans
Mixed Fruit/Milk

Heart Shaped Nuggets **14**
Or Fish Shaped Nuggets
Whipped Potatoes
Green Beans/Peaches/Milk

Taco Bag **15**
Lettuce/Cheese/Tomato
Corn/Refried Beans
Pears/Milk

Stuffed Crust Pizza **16**
Lettuce/Carrots/Celery
Pineapple
Milk

Tavern **19**
Sweet Potato Fries
Coleslaw/Bananas
Milk

Stromboli **20**
Broccoli/Carrots
Sidekicks
Milk

Hotdog/Bun **21**
French Fries
Baked Beans
Applesauce/Milk

Nacho Supreme **22**
w/Cheese & Meat
Lettuce/Carrots/Celery
Pineapple/Milk

Fish/Bun **23**
Ranch Wedges
Green Beans
Peaches/Milk

No School **26**

Creamed Chicken **27**
Whipped Potatoes
Green Beans
Bananas/Milk

Double Stuffed Pizza **28**
Lettuce/Carrots/Celery
Sidekicks
Milk

