

May 2018

Sheldon Community School

LUNCH



Meal Prices – Students--\$2.65
Adults--\$3.70

This institution is an equal opportunity provider.



Fitness Tip: MyPlate recommends:

- Children need at least 60 minutes of physical activity every day.
- Be active together as a family.
- Physical activity should be fun and offer variety.



Monday

Choice of Salad Bar
available at
Middle & High School daily.

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Menus subject  
to change without notice.

### Tuesday

SENIOR FAVORITE **1**  
Lasagna  
Lettuce Salad/Carrots/Celery  
Peaches  
Garlic Bread  
Milk

### Wednesday

Hamburger/Bun **2**  
French Fries  
Baked Beans  
Applesauce  
Milk

### Thursday

SENIOR FAVORITE **3**  
Taco/Bag  
Lettuce/Tomato/Cheese  
Refried Beans  
Pears  
Milk

### Friday

Breakfast for Dinner **4**  
French Toast  
Hash Browns  
Little Smokies  
Carrot Sticks  
Oranges/Milk

SENIOR FAVORITE **7**  
Creamed Chicken  
Whipped Potatoes  
Green Beans  
Bananas  
Milk

SENIOR FAVORITE **8**  
Stromboli  
Broccoli/Carrots  
Sidekicks  
Milk

SENIOR FAVORITE **9**  
Tuna Noodles  
Peas/Mixed Veg.  
Pears  
Dinner Roll  
Milk

SENIOR FAVORITE **10**  
Nachos Supreme  
Cheese/Meat  
Lettuce Salad/Carrots/Celery  
Applesauce  
Milk

SENIOR FAVORITE **11**  
Italian Dunkers/Cheese Bread  
California Mix  
Pineapple  
Milk

SENIOR FAVORITE **14**  
Orange Chicken  
Broccoli/Carrots  
Asian Rice  
Bananas  
Milk

SENIOR FAVORITE **15**  
Potato Nugget Hot Dish  
Corn  
Peaches  
Bread/Butter  
Milk

SENIOR FAVORITE **16**  
Corndogs  
Ranch Wedges  
Baked Beans  
Pears  
Milk

SENIOR FAVORITE **17**  
Baked Potato  
Cheese/Chili  
California Mix  
Applesauce  
Milk

Pizza **18**  
Green Beans  
Carrot Sticks  
Pineapple  
Milk

SENIOR FAVORITE **21**  
Chicken Grill  
Noodles/Alfredo  
Broccoli Normandy  
Bananas  
Milk

Tavern/Bun **22**  
Sweet Potato Fries  
Coleslaw  
Peaches  
Milk

Lil Bites/Cheese Bread **23**  
Lettuce/Carrots/Celery  
Baked Beans  
Fruit  
Milk

Taco **24**  
Lettuce/Tomato/Cheese  
Refried Beans/Corn  
Fruit  
Milk

Flatbread/Softshell **25**  
Smiles  
Vegetable  
Fruit  
Milk

**NO SCHOOL**

**28**  
Cooks Choice/Bun **29**  
Oven Potatoes  
Vegetable  
Bananas  
Milk

Hotdog/Bun **30**  
French Fries  
Baked Beans  
Fruit  
Milk

Ham/Cheese/Bun **31**  
Chips  
Carrot Sticks  
Applesauce  
Treat  
Milk

